



# BLACK SHEEP KITCHEN

Weekly Menu (January 23<sup>rd</sup> – 28<sup>th</sup>)

## Daily Specials

**KF TUES:** Meatballs & Spaghetti: (OR spaghetti squash) **\$7.95/ serving**  
SOUP DU JOUR: Lemon-Chicken-Orzo **pint: \$9.50; Qt: \$18**

**GF KF WED:** Slow-Cooked Pork & Cheese Grits **Sm: \$16.50; Lg: \$32**  
Make it a Meal: Pork & Grits + Collards **feeds 4: \$40.50**

**THURS:** Butternut Squash Lasagna: roasted squash, shallots & herbs layered w noodles & BSK's creamless white sauce **Sm: \$16.50; 8x8: \$32**  
Make it a Meal: Lasagna + Brussels Sprouts **feeds 4: \$43.50**  
SOUP: Sausage, Cauliflower & Pumpkin Stew

**GF Paleo KF FRI:** Coffee- & Cane Syrup-Rubbed Beef Tenderloin **\$11.00/ serving**  
Meal: Beef + Roasted Sweet Potatoes & Cauli Rice **feeds 4: \$55**

## Everyday Mains

Chicken Piccata **\$8.50/ serving**

**GF Stuffed Sweet Potatoes** **\$7.95/ serving**

**GF Enchiladas\*** **Sm: \$13.50; 8x8: \$26.50**

**Beef Stroganoff w Herbed Egg Noodles\*** **Sm: \$15.50; 8x8: \$29.50**

\* Available Wed - Fri

## Snacks, Salads, Sides

Bacon, Almond, Cheddar **8-oz: \$5; Pt: \$9.50**

**3-Bean** **Pt: \$6.50; Q: \$12.50**

**Wedge Salads** **2 wedges: \$8**

**Greek Yogurt Chicken Salad** **8-oz: \$5; Pint: \$9.50**

**Roasted Brussels Sprouts** **\$3.95/ serving**

LEGEND: **GF** gluten free **KF** kid-friendly

**meatless** **Paleo**

