



# BLACK SHEEP KITCHEN

Weekly Menu (Jan. 16<sup>th</sup> – 21<sup>st</sup>)

## Daily Specials

- MON:** Chicken Parmesan over spaghetti 2-3 servings: \$  
8x8-inch: \$  
feeds 4: \$  
*Meal:* chicken & pasta + Green Beans & Garlic Bread  
*SOUP:* CHUNKY VEGGIE STEW W SAUSAGE & FARRO
- TUES:** Garlic & Shallot Grilled Steak \$8.50/ serving  
feeds 4: \$  
*Meal:* Steak + B-nut Puree & Broccoli-Cauliflower Toss  
*SOUP:* SWEET POTATO & PUMPKIN BISQUE
- WED:** Shrimp & Grits Bake \$8/ serving  
feeds 4: \$41.50  
*Make It a Meal:* Shrimp & Grits + collards
- THURS:** Cauliflower Gratin (meaty & meatless versions)
- FRI:** Porchetta: roasted bacon-wrapped Italian-style pork \$8.75/ serving  
feeds 4: \$40  
*Meal:* pork + Brussels Sprouts & Sweet Potato Toss  
*SOUP:* LEMON, CHICKEN ORZO

## Everyday Mains

- Parmesan-Crusted Chicken \$4.50/ cutlet  
Cutlets w White BBQ
- Stuffed Sweet Potatoes \$7.95/ serving
- Enchiladas
- Turkey-Stuffed Spaghetti Squash\* \$8.95/ serving
- Beef Stew\* \$9 / serving
- kid friendly
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## Snacks, Salads, Sides

- Bacon, Almond, Cheddar 8 oz: \$5; Pt: \$9.50
- Wedge Salads \$4/ wedge  
Pt: \$6.50;  
Qt: \$12.50
- Cauliflower Rice
- Mac & Cheese Pint: \$5  
Qt.: \$9.50
- Greek Yogurt Chicken Salad 8-oz: \$5  
Pint: \$9.50

\*Available TUES. – FRI